

NAME: _____ DATE: _____

CHECK [✓] ALL SYMPTOMS OR CHARACTERISTICS THAT APPLY; THEN, ADD THE TOTAL NUMBER OF CHECKS BELOW EACH SECTION.

MOTOR CHARACTERISTICS OF A RIGHT-BRAIN DELAY

- ☐ Clumsiness and an odd posture
- ☐ Poor coordination
- ☐ Not athletically inclined and has no interest in popular childhood participation sports
- ☐ Low muscle tone – muscles seem kind of floppy
- ☐ Poor gross motor skills, such as difficulty learning to ride a bike and/or runs and/or walks oddly
- ☐ Repetitive/stereotyped motor mannerisms (spins in circles, flaps)
- ☐ Fidgets excessively
- ☐ Poor eye contact
- ☐ Walks or walked on toes

_____ **TOTAL NUMBER OF CHECKS**

MOTOR CHARACTERISTICS OF A LEFT-BRAIN DELAY

- ☐ Fine motor problems (poor or slow handwriting)
- ☐ Difficulty with fine motor skills (dyspraxia), such as buttoning a shirt
- ☐ Poor or immature hand grip when writing
- ☐ Tends to write very large
- ☐ Stumbles over words when fatigued
- ☐ Exhibited delay in crawling, standing, and/or walking
- ☐ Loves sports and is good at them
- ☐ Good muscle tone
- ☐ Poor drawing skills
- ☐ Difficulty learning to play music
- ☐ Likes to fix things with the hands and is interested in anything mechanical
- ☐ Difficulty planning and coordinating body movements

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ **TOTAL LEFT BRAIN CHECKS:** _____

SENSORY CHARACTERISTICS OF A RIGHT-BRAIN DELAY

- ☐ Poor spatial orientation – bumps into things often
- ☐ Sensitive to sound
- ☐ Confusion pointing to different body parts when asked
- ☐ Poor sense of balance
- ☐ High threshold for pain – doesn't cry when gets cut
- ☐ Likes to spin, go on rides, swing, etc. – anything with motion
- ☐ Touch things compulsively
- ☐ A girl uninterested in makeup or jewelry
- ☐ Does not like the feel of clothing on arms or legs; pulls off of clothes
- ☐ Doesn't like being touched and doesn't like to touch things
- ☐ Incessantly smells everything
- ☐ Prefers bland food
- ☐ Does not notice strong smells, such as burning wood, popcorn, cookies
- ☐ Avoids food because of the way it looks
- ☐ Hates having to eat and is not even interested in sweets
- ☐ Extremely picky eater

_____ **TOTAL NUMBER OF CHECKS**

SENSORY CHARACTERISTICS OF A LEFT-BRAIN DELAY

- ☐ Doesn't seem to have many sensory "issues" or problems
- ☐ Good spatial awareness
- ☐ Good sense of balance
- ☐ Eats just about anything
- ☐ Has a normal to above average sense of taste and smell
- ☐ Likes to be touched
- ☐ Not sensitive to clothing
- ☐ Poor auditory or central processing
- ☐ Seems not to hear well, although hearing tests normal
- ☐ Delay in speaking was attributed to ear infections
- ☐ Gets motion sick and has other motion sickness issues
- ☐ Not under-sensitive or oversensitive

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ TOTAL LEFT BRAIN CHECKS: _____

EMOTIONAL SYMPTOMS OF A RIGHT-BRAIN DEFICIENCY

- ☐ Child spontaneously cries and/or laughs and has sudden outbursts of anger or fear.
- ☐ Worries a lot and tends to have phobias of many things
- ☐ Holds onto past “hurts”
- ☐ May have sudden emotional outburst that appear over-reactive, and inappropriate
- ☐ Experiences panic and/or anxiety attacks
- ☐ Sometimes displays dark or violent thoughts
- ☐ Face lacks expression; doesn’t exhibit much body language
- ☐ Lacks empathy
- ☐ Lacks emotional reciprocity
- ☐ Fearless, a dangerous risk taker

_____ Total Number of Checks

EMOTIONAL SYMPTOMS OF A LEFT-BRAIN DEFICIENCY

- ☐ Overly happy and affectionate; loves to hug and kiss
- ☐ Frequently moody and irritable, depressed
- ☐ Loves doing new or different things but gets bored easily
- ☐ Lacks motivation
- ☐ Withdrawn and shy
- ☐ Excessively cautious or pessimistic and is extremely negative
- ☐ Doesn’t seem to get any pleasure out of life
- ☐ Socially withdrawn
- ☐ Cries easily; feelings get hurt easily
- ☐ Seems to be in touch with own feelings
- ☐ Empathetic to other people’s feelings; reads people’s emotions well
- ☐ Gets embarrassed easily
- ☐ Very sensitive to what others think about them

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ **TOTAL LEFT BRAIN CHECKS:** _____

BEHAVIORAL CHARACTERISTICS OF A RIGHT-BRAIN DELAY

- ☐ Thinks analytically all the time
- ☐ Often miss the gist of the story
- ☐ Always the last to get the joke
- ☐ Gets stuck in set behavior; can't let it go
- ☐ Lacks social tact and/or is antisocial and/or socially isolated
- ☐ Poor time management; is always late
- ☐ Disorganized
- ☐ Problem paying attention
- ☐ Is hyperactive and/or impulsive
- ☐ Has obsessive thoughts or behavior
- ☐ Argues all the time and is generally uncooperative
- ☐ Exhibits signs of an eating disorder
- ☐ Failed to thrive as an infant
- ☐ Echolalia (mimicking sounds or words, repeatedly without really understanding the meaning)
- ☐ Appears bored, aloofness, and abrupt
- ☐ Considered strange by other children
- ☐ Inability to form friendships
- ☐ Inability to share enjoyment, interests, or achievements with other people
- ☐ Acts inappropriately giddy or silly
- ☐ Child has inappropriate social interactions (one-sided social interaction does not listen or care what another person is saying).
- ☐ Talks incessantly and asks repetitive questions
- ☐ No or little joint attention (pointing to object to get your attention)
- ☐ Didn't look at self in the mirror as a toddler

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ **TOTAL LEFT BRAIN CHECKS:** _____

BEHAVIORAL CHARACTERISTICS OF A LEFT-BRAIN DELAY

- ☐ Procrastinates
- ☐ Extremely shy, especially around strangers
- ☐ Very good at nonverbal communications
- ☐ Is well liked by other children and teachers
- ☐ Does not have any behavioral problems in school
- ☐ Understands social rules
- ☐ Poor self-esteem
- ☐ Hates doing homework
- ☐ Very good at social interaction
- ☐ Makes good eye contact
- ☐ Likes to be around people and enjoys going to parties
- ☐ Doesn't like to go to sleep-overs
- ☐ Not good at following routines
- ☐ Can't follow multiple-step directions
- ☐ Seems to be very in touch with their own feelings
- ☐ Jumps to conclusions

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ **TOTAL LEFT BRAIN CHECKS:** _____

ACADEMIC CHARACTERISTICS OF A RIGHT-BRAIN DELAY

- ☐ Poor math reasoning (word problems)
- ☐ Poor reading comprehension and pragmatic skills
- ☐ Issues with the big picture
- ☐ Very analytical
- ☐ Problem understanding jokes
- ☐ Very good at finding mistakes (spelling)
- ☐ Very literal
- ☐ Doesn't always reach conclusions when speaking
- ☐ Early speech Precociousness (talked well early), even if slightly delayed
- ☐ IQ could be very high, but IQ's run the whole spectrum; IQ's often fall in the above-normal range in verbal ability and in the below-average range in performance abilities
- ☐ Was an early word reader
- ☐ Interested in unusual topics
- ☐ Learns in rote (memorizing) manner
- ☐ Learns in extraordinary-amounts of specific facts about a subject
- ☐ Impatient
- ☐ Speaks in monotones; little voice inflection
- ☐ Poor nonverbal communicator
- ☐ Doesn't like loud noises and complains that volume is too low
- ☐ Speaks out loud regarding what he or she is thinking
- ☐ Talks "in your face" – is space invader
- ☐ Good reader but does not enjoy reading
- ☐ Analytically; lead by logic
- ☐ Follows rules without questioning them
- ☐ Good at keeping track of time
- ☐ Easily memorizes spelling and mathematical formulas
- ☐ Enjoys observing rather than participating
- ☐ Would rather read an instruction manual before trying something new
- ☐ Math is often the first academic subject to be viewed as problematic

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ **TOTAL LEFT BRAIN CHECKS:** _____

ACADEMIC CHARACTERISTICS OF A LEFT-BRAIN DELAY

- ☐ Very good at big picture skills
- ☐ Good at abstract “thought free” association
- ☐ Poor analytical skills
- ☐ Very visual; loves images and patterns
- ☐ Constantly questions why you’re doing something or why rules exist
- ☐ No sense of time
- ☐ Child enjoys touching and feeling actual objects
- ☐ Has trouble prioritizing
- ☐ Unlikely to read instruction manual before trying something new
- ☐ Is naturally creative but, needs to apply themselves to develop their potential
- ☐ Would rather do things instead of observing
- ☐ Uses good voice inflection when speaking
- ☐ Misreads or omits common small words
- ☐ Child stumbles through loner words
- ☐ Reading too slow and laboriously
- ☐ Has difficulty naming colors, objects and letters as a toddler
- ☐ Needs to hear or see concepts many times in order to learn them
- ☐ Has shown a downward trend in achievement test scores or school performance
- ☐ Schoolwork is inconsistent
- ☐ Started as a late talker
- ☐ Has difficulty pronouncing words (poor with phonics)
- ☐ Had difficulty learning the alphabet, nursery rhymes or songs when young
- ☐ Has difficulty finishing work or finishing a conversation
- ☐ Acts before thinking and makes careless mistakes
- ☐ Tends to misread, omit or repeat words; child reads slowly
- ☐ Daydreams a lot
- ☐ Difficulty sequencing events in the proper order
- ☐ Letters are sometimes written backward
- ☐ Poor at basic math operations
- ☐ Poor memorization skills
- ☐ Child has poor academic ability
- ☐ Child has a lower verbal higher nonverbal IQ test results

- ☐ Performs poorly on verbal tests
- ☐ Needs to be told things several times before they understand
- ☐ Started to stutter as a child
- ☐ Doesn't read directions well and is a poor test taker (misinterprets questions)

_____ **TOTAL NUMBER OF CHECKS**

COMMON IMMUNE CHARACTERISTICS OF A RIGHT BRAIN DELAY

- ☐ Tends to have an over active immune response (has allergies)
- ☐ Rarely gets cold and infections
- ☐ Has had or has eczema or asthma
- ☐ Skin has little white bumps, especially on the back of the arms
- ☐ Erratic behavior – good one day, bad the next
- ☐ Craves certain food, especially dairy and wheat products

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ TOTAL LEFT BRAIN CHECKS: _____

COMMON IMMUNE CHARACTERISTICS OF A LEFT BRAIN DELAY

- ☐ Gets chronic ear infections
- ☐ Prone to tumors; usually benign or cysts
- ☐ Has been on antibiotics a lot
- ☐ Has had tubes put in the ears (or seriously considered)
- ☐ Catches cold frequently
- ☐ No allergies

_____ **TOTAL NUMBER OF CHECKS**

COMMON AUTONOMIC CHARACTERISTICS OF A RIGHT BRAIN DELAY

- ☐ Problems with bowel function; constipation, diarrhea
- ☐ Rapid heart rate and/or high blood pressure for age
- ☐ Appears bloated, especially after meals, and often complains of stomach pains
- ☐ Has body odor
- ☐ Sweats a lot
- ☐ Hands are always moist and clammy

_____ **TOTAL NUMBER OF CHECKS**

COMMON AUTONOMIC CHARACTERISTICS OF A LEFT BRAIN DELAY

- ☐ Still wets the bed
- ☐ Has or had an irregular heartbeat (arrhythmia or heart murmur)

_____ **TOTAL NUMBER OF CHECKS**

TOTAL RIGHT BRAIN CHECKS _____ TOTAL LEFT BRAIN CHECKS: _____

Now ADD UP each section for RIGHT checks and LEFT checks

TOTAL NUMBER OF CHECKMARKS RIGHT BRAIN : _____

TOTAL NUMBER OF CHECKMARKS LEFT BRAIN : _____

HEMISPHERIC WEAKNESS RIGHT OR LEFT : _____